

the BEACH Club

BEACHSIDE LUNCH MENU

SMALL PLATES

IOW HERITAGE TOMATO SALAD ^(VE/GF)

Marinated Tomatoes, Compressed
Watermelon, Balsamic Glaze, Pesto
£9.00

BURRATA ^(V/GF/AVE)

Textures of Beetroot, Candied Walnuts
£10.00

WEST MERSEA ROCK OYSTERS ^(GF)

Red Wine Vinaigrette, Tabasco,
Samphire, Lemon
£10.00

THE CLUB COCKTAIL ^(GF)

Prawns, Crayfish, Langoustines, Crab, Mary
Rose, Baby Gem, Lemon, Paprika
£12.00

JAMAICAN JERK CHICKEN WINGS ^(GF)

Rum Glazed Pineapple, Fried Plantain,
Lime Aioli
£10.00

TORCHED LOCAL MACKEREL FILLET ^(GF)

Apple & Beetroot Slaw, Horseradish & Dill
Creme Fraiche
£10.00

SPICED CRISPY MONKFISH TAIL ^(GF)

Cucumber Raita, Tomato & Cos Lettuce,
Tandoori Sauce
£11.00

MAINS

NOURISH BOWL ^(GF/V/AVE)

Pomegranate Cous Cous, Avocado, Red
Cabbage, Spinach, Edamame Beans, Roasted
Beets, Radish, Squash, Tahini, Egg
£13.00

Add Fresh Tuna Tartare £5.00

THE BEACH CLUB VEGAN SANDWICH ^(VE)

Southern Fried Cauliflower, Harissa
Mayonnaise, Smashed Avocado, Baby Gem,
Cucumber, Beef Tomato, Granary, Slaw
£13.00

FISH & CHIPS ^(GF)

Pea Purée, Tartare Sauce, Lemon
£16.00

DEVON CRAB CEASER ^(AGF)

Hand Picked Dressed White Crab, Baby
Gem, Herb Croutons, Parmesan, Avocado,
Anchovies, Ceaser Dressing
£16.00

MOULES MARIENERE ^(GF)

Mussels, Cream, White Wine, Lemon,
Skinny Fries
£16.00

SEAFOOD LINGUINE

Prawns, Crayfish, Scallop, Harissa, Lemon
Drizzle, Cherry Tomato, Parmigiano-Reggiano
£18.00

THE BEACH CLUB BURGER

Crispy Bacon, Monterey Jack, Rustic Roll,
Skinny Fries, Cheddar Slaw
£17.00

THE BEACH CLUB CHICKEN SANDWICH

Triple Layered, Crispy Buttermilk Chicken,
Maple Bacon, Egg Mayonnaise, Baby Gem,
Beef Tomato, Cheddar Slaw
£13.00

MARINATED 5oz FLAT IRON STEAK ^(GF)

Served Medium Rare, Skinny Fries, Wild
Mushroom & Sauteed Onion, Vine Tomatoes,
Watercress
£18.00

THE BEACH CLUB SHARING BOARD

Shellfish Mix, Salmon Gravlox, Langoustines,
Oysters, Dressed White Crab, Mussels,
Clams, Sourdough, Lemon
£28.00

SIDES

SKINNY FRIES ^(GF/VE)

£3.50

TRUFFLED PARMESAN FRIES ^(GF)

£5.00

CHEDDAR COLESLAW ^(V/GF)

£3.50

FOCACCIA SELECTION ^(AVE)

Tomato & Basil And Rosemary Seasalt
With Oils
£4.50

POTATO SALAD ^(GF/V)

£4.50

PADRON PEPPERS ^(GF/VE)

£3.50

MARINATED OLIVES ^(GF/VE)

£3.50